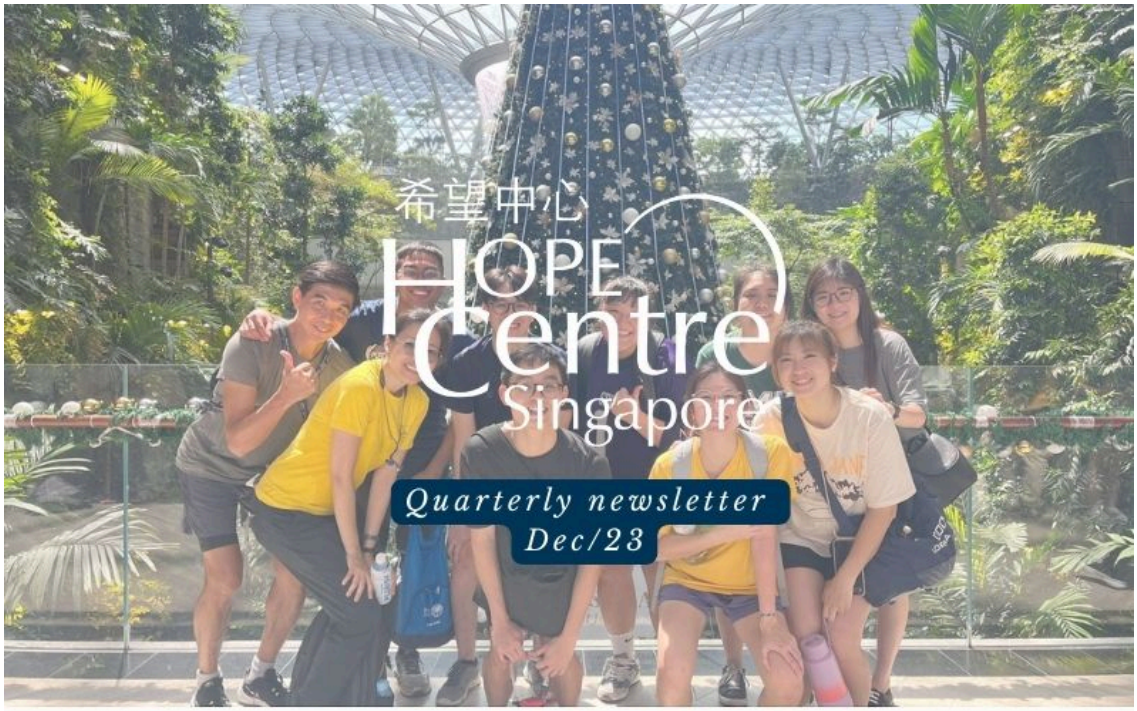


Quarter 4 was momentous for Hope Centre as we had multiple collaborations with corporates and students alike. We went for our first ever walkathon to raise funds for Hope Centre as well! In addition, get a prize if you are the **first 5 people** to email in with your answers for the word search! Have fun!

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."
– Leo Buscaglia

01

CHILDREN & YOUTHS PROGRAMME

YOUTH OUTING

VR WORLD

Our youth beneficiaries had an amazing time at VR World Singapore playing virtual reality escape room and arcade games. Some of them even mentioned that they would like to go back and play again. The place was filled with their voices trying to communicate with one another and since some of them chose a slightly scary map, there were screams too. It was a joy to see them laugh and persevere through the difficult puzzles together.

We are glad to see our beneficiaries having fun and bonding together during our outings. One of our volunteers was able to join in the outing to interact and have fun with them too.

AR: DEEP FIELD

This year, our young beneficiaries had the opportunity to experience augmented reality at the ArtScience Museum. The session was hosted by two Australian artists: Tin&Ed. They gave a brief introduction to what augmented reality is and got the children to play around with the iPads provided which had an AR app by the artists installed.

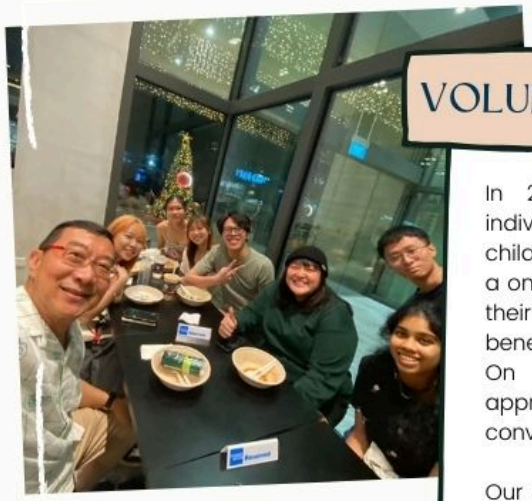
They created and drew their own plants based on their imagination and a phrase given to them in the app. The app had a function to show what their creation would look like in reality through the camera of the iPad. Their plant would grow out of the ground and the children can also roam around, viewing other special plants created by other users.

We had fun making our imagination a reality and letting our creation flow during the session. And being able to see it grow was something special for the young ones to experience.

SCIENCE CENTRE OUTING

It was a great time for our children and youth during our Science Centre outing. They learned and played a lot, and had a chance to test their skills at the laser maze. Some of them did very well in avoiding the lasers and even danced in the game arena. Another exhibition that our beneficiaries enjoyed very much was surprisingly the phobia exhibition. Despite it being full of common fears such as spiders and clowns, they were very brave and filled the room with laughter. We also saw a youth encouraging a younger beneficiary when he was feeling scared.

VOLUNTEERS APPRECIATION



In 2023, we are thankful for the many individuals who chose to volunteer with our children and youth beneficiaries. Whether it was a once off session or a long term commitment, their presence has touched the lives of our beneficiaries and brought joy to their day.
On 21st December, we had a night of appreciation where we ate and bonded over conversations and activities.

Our volunteers are a big part of Hope Centre programmes in helping to ensure that our children and youths benefit from the sessions. We also hope that our volunteers enjoyed and benefitted from their time with us. Thank you volunteers!

02 SENIORS PROGRAMME

IMDA COLLABORATION

From late September till October 2023, we partnered with the Infocomm Media Development Authority of Singapore (IMDA) to conduct 4 sessions to equip our seniors with right knowledge and understanding of using digital tools that are relevant to their daily lives. The sessions covered the following:

·Scams and phishing
·Singpass
·E-payment
·HealthHub

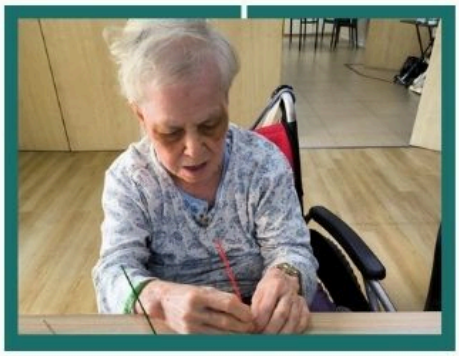
Through the sessions, we hope to also raise awareness on cybersecurity and good cyber practices among our seniors, to ensure their safe use of online and digital tools, and to protect them from scams which is a prevalent issue in our society.

TERRARIUM MAKING WITH EUNOIA JUNIOR COLLEGE

On 24 November 2023, we partnered with students from the Environment Club of Eunoia Junior College to conduct a terrarium making program for our seniors. A total of 27 seniors and 2 family members of a senior joined the program and it was heartening to see smiles on faces after each have created their personal terrarium :)

The students also prepared a sing-a-long segment to songs that are more familiar to our seniors like those from Teresa Teng (鄧麗君)and an engaging BINGO activity where a few seniors were able to pick a bottle cap comprising of a number from a box!

We are thankful for the time and energy availed as well as efforts poured in by the students and teachers from the Environment Club to plan and prepare a memorable program for our seniors!



HEALTH PROMOTION BOARD - BALIK KAMPUNG PROGRAM

In November 2023, we partnered with the Health Promotion Board (HPB) for their Balik Kampung program to be conducted for our seniors.

The program is designed for seniors to address the importance of staying socially connected and mentally stimulated to reduce the risk of mental health conditions such as dementia and depression. The program was conducted through 4 sessions on different Wednesday afternoons, and facilitators of each session sought to engage our seniors through activities beyond informative sharing.

CHRISTMAS CELEBRATION PROGRAM

On 15 December 2023, we organised a Christmas celebration for our seniors :)
It was a simple time together with our seniors and volunteers as we celebrated over time of games and conversing over tea-time snacks! One of our volunteers, uncle Frankie, blessed our time with beautifully designed Christmas log cakes which did bring smiles to our seniors. We are deeply thankful for his kind heart and generosity.

During the celebration, we also had Blessed Draws where 6 of our seniors received a gift box consisting of a tumbler and neck massager. But beyond this, all our seniors each received a gift and a star each on their points card for all of them are champions in our eyes and hearts :) Our centre couldn't have come this far without the gracious and tireless support from our seniors through their respective contributions, time and energy availed, care and encouragements through this year.

Our home visit seniors were able to share in the festive cheer as well through receiving the gift and our centre's 2024 calendar :)

We look forward to journeying through 2024 with our seniors together with our volunteers and other stakeholders!

VOLUNTEERS APPRECIATION

On 15 December 2023, before the Christmas celebration program for our seniors, we are thankful for the opportunity to appreciate our regular volunteers over a simple time of lunch, a get-to-know game and sharing :)

Volunteers who were able to join us in-person were each presented with an appreciation certificate by our seniors and staff.

Apart from the appreciation certificate, each of our regular volunteers were gifted with our centre's 2024 calendar and a S$10 CapitaLand e-voucher :)

We are truly thankful for the gracious belief that our volunteers have in our centre, for each of their dedicated heart that shines through their time, energy and efforts availed as well as resources poured into serving and support our seniors together amidst their respective commitments, responsibilities, and schedules. Our centre won't be able to come this far without the heartfelt support from our volunteers as well, through whom we are able to continue our efforts and expand our reach.

We are believing for a new year of greater growth together with our volunteers :)

03

COMMUNITY OUTREACH

HOPE CENTRE X WEST CENTRE ARTS CARNIVAL

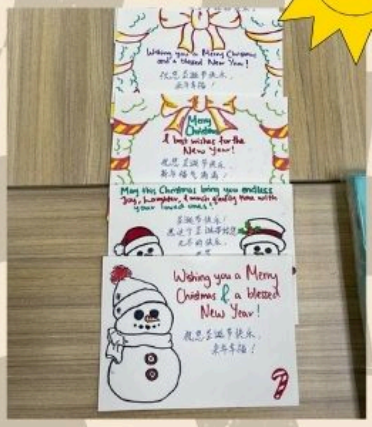
Here are some photos of what went down at Hope Arts Carnival on 18 November! 🎡

With vibrant hues and joyful moments, it was a great day bonding with loved ones and fostering new friendships! From carnival games, to batik paintings, to singing popular old tunes — we thank all of our participants and volunteers for making this event a canvas of cherished memories! 🎨

Till next time! ✨

ACJC BLESS X LOVE

"Happy faces, happy smiles!" - Lokeshwaran Mani (ACJC student volunteer)
On 25 November, a group of ACJC students collaborated with Hope Centre to give out gift packs consisting of daily necessities to the rental flats along King George's Avenue. This project was aimed to raise awareness of our privilege and foster gratitude for our blessings. The students were heavily involved in the planning and executing of the distribution. They even designed and wrote beautiful cards to give out to the residents as a form of encouragement to them. Through this project, the students had a better understanding on how much necessities cost and come to a realisation that these necessities may not be as affordable to some people. Hope Centre is sincerely thankful for this opportunity to work together with them and we are glad this project brought a smile to the residents' faces!



FITNESS MODE GYM CHRISTMAS FOOD DISTRIBUTION

Fitness Mode, a gym round the corner of Lavender reached out to Hope Centre in hopes of wanting to bless the community with food amidst the Christmas season. They collected a total of 125 bags worth of food from their generous client base. Together with a bunch of enthusiastic gym goers, we set out to the rental flats along Maude Road on 16 December. The residents happily received the food bags and were grateful by this act of giving. We are appreciative of Fitness Mode's generosity and together, we are making a difference in their lives!

LYTE PROJECT SPARKLE

LYTE, a group of student Christians from Hope Church collaborated with Hope Centre to clean rental houses of residents on 17 December. With over 60 students, we managed to clean more than 18 flats that day, creating a wholesome and comfortable environment for the residents. The residents appreciated and thanked the students for their help and were grateful for the heartfelt conversations among each other. LYTE's efforts have not only improved the living conditions for the residents but have also inspired a sense of community and collaboration!

04 | ENGAGEMENT & STAFF

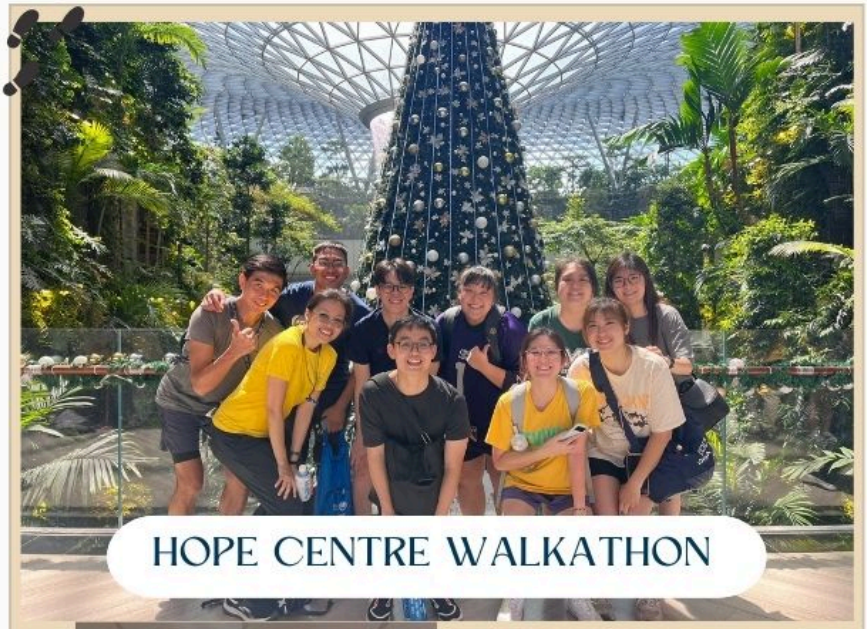
HOPE CENTRE'S PRESIDENT COMMENDATION

Hope Centre was bestowed a commendation by President Halimah Yacob for opening up our premises for the rough sleepers back in 2020.
We are grateful to receive this commendation and believe that everyone should receive the support to having a safe and dignified place to call home.

HOPE CENTRE 2023 VIDEO

Hope Centre filmed a video to shine a spotlight on the multiple activities and events that spanned across the year 2023. We even got our beneficiaries to join in to share how they feel about being part of Hope Centre! We are thankful to our volunteers, partners and donors who play a part in inspiring hope and transforming lives to the communities around us!

bringing hope and transforming lives.



HOPE CENTRE WALKATHON

the journey

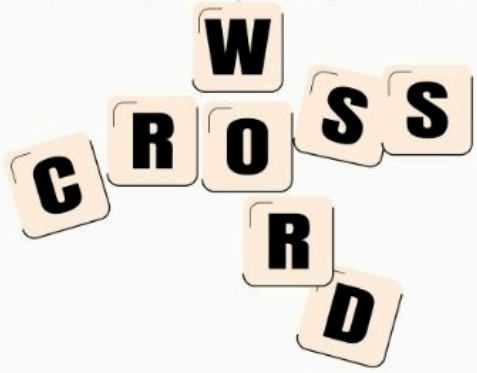
On the 29 December 2023, Hope Centre's staff embarked on their very first walkathon in a bid to raise funds. Aiming for a collective 100km as a group, we surpassed our goal by walking a combined distance of 180km from Hope Centre at Lavender to Changi Airport! We completed the walk after 5hours and raised more than $1,000. We are thankful for the support of our friends and relatives who donated to Hope Centre's cause!

05 WORD SEARCH

- Your goal is to find and circle all the hidden words in the word search grid. Words can be hidden horizontally, vertically, or diagonally in any direction. Be the first 5 to complete the word search and win a voucher by replying to the email a copy of your answer. Have fun!

C	E	B	S	E	C	I	V	R	E	S
F	O	E	W	G	A	C	P	H	R	Y
H	H	M	F	G	R	T	R	E	A	H
E	B	P	M	U	E	N	E	K	S	E
A	U	O	Z	U	V	T	N	H	S	L
L	N	W	S	I	N	M	G	O	O	P
T	N	E	D	U	H	I	A	P	D	Y
H	Y	R	L	S	T	E	T	E	B	Q
R	P	O	H	O	C	O	L	Y	T	E
E	V	L	G	I	V	I	N	G	T	G
G	E	H	O	T	R	O	P	P	U	S

1. Services
2. Volunteer
3. Community
4. Empower
5. Health
6. Care
7. Hope
8. Support
9. Giving
10. Help



PARTNER

How your company can get involved in supporting our cause:

- Organise fundraising events
- Organise workshops/excursions with our beneficiaries
- Funding for programmes/events

Have any questions about partnering with us? Drop us an email at **office@hopecentre.org.sg**

VOLUNTEER

Children & Youths Drop In
Tuesdays - Fridays, 2.30pm to 5.30pm

- Engage the children in homework and play
- Mentor them in the right values, behaviours and social norms

Seniors Drop In
Wednesdays and Fridays, 2.30pm to 5.30pm

- Befriend the seniors and facilitate the drop-in sessions

Bread with Love
Various locations on Fridays or Saturdays

- Monthly home visits to distribute bread to residents in rental blocks
- Befriend residents

Click here to donate!

希望中心
HOPE Centre Singapore

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